



SAADIYAT ISLAND

MENU

À LA CARTE & BEVERAGE MENU

TAPAS

SAL Tapas Selection AED 280

MARINATED OLIVES AED 30 (GF) (VG)
Lemon zest, herbs

ROASTED BELL PEPPER AED 35 (D) (V)
Feta cheese, mint, white balsamic

CHARCOAL GRILL LEEK AED 35 (N) (GF) (VG)
Romesco sauce, almonds

PORTUGUESE SARDINES AED 50 (SF) (D)
Toasted baguette

PAN CON TOMATE AED 35
Fresh tomato, garlic bread

TURKEY HAM & CHEESE SANDWICH AED 45 (D)
Smoked turkey ham, manchego cheese

PATATAS BRAVAS AED 35 (E)
Potato, garlic spicy Mayo

MANCHEGO CROQUETAS AED 40 (D)
Manchego cheese

STARTERS

OYSTERS (SF) (GF)
HALF DOZEN AED 310
DOZEN AED 620
Lemon, red wine vinegar

3 PESCADA AED 135 (GF) (S) (D)
Fresh fish, tomato

CLAMS A LA MARINERA AED 125 (GF) (SF) (A)
Coriander, white wine

PRAWNS COOKED IN ROASTED
TOMATO SAUCE AED 120 (GF) (SF) (D)
Tomato, feta cheese, capsicum

WILD CRAB AED 105 (SF) (A) (E) (D)
Rye toast, egg, mayonnaise, pickles, paprika

CRISPY CALAMARI AED 85 (SF)
Spicy mayo

HEIRLOOM TOMATO CARPACCIO AED 95 (GF) (VG) (V)
Coriander, feta cheese, black olives

TUNA TARTARE WITH CAVIAR AED 158 (D)
Caviar, ponzu sauce

YELLOW TALE CRUDO AED 110 (D) (GF)
Jalapeño gazpacho, mozzarella, oregano

OCTOPUS CARPACCIO AED 120 (GF) (SF)
Calamansi dressing, pimentao

SALADS

MEDITERRANEAN SALAD AED 85 (GF) (V) (D)
Tomato, olives, capsicum, feta

BURRATA AND TOMATO SALAD AED 115 (GF) (V) (D)
Burrata cheese, tomato, pomegranate seeds

SPINACH, ARTICHOKE TRUFFLE SALAD AED 110 (GF) (V)
Parmesan cheese, truffle sauce

PIZZA

PIZZA MARGHERITA AED 105 (V) (D)
Roma tomatoes, mozzarella, fresh basil

TRUFFLE PIZZA AED 235 (V) (D)
Mozzarella, truffle sauce, fior di latte

PIZZA EGGPLANT AED 145 (V) (D) (N)
Smoked mozzarella, eggplant, pesto

PASTA

PASTA OF THE DAY
Ask your waiter for more details

KING CRAB & HOMEMADE
TRENETTE PASTA AED 230 (SF) (N) (D)
Fresh basil pesto, tomato, espelette chili, balsamic

RIGATONI MANCHEGO AED 120 (D)
Candied tomato, manchego cheese, fresh basil

LOBSTER LINGUINE (SF)
300grams AED 230/ extra 300grams AED 100
Tarragon, lemon, lobster bisque

SEAFOOD RICE CATAPLANA* AED 220 (A) (GF) (SF)
Fresh langoustine, calamari, clams, prawns,
capsicum, coriander, saffron

FISH

CATCH OF THE DAY

Upon availability, Market Price

SIDES

Crushed potatoes, Portuguese cebolada,
chimichurri, cherry tomato

PORTUGUESE DOURADA AED 230 (A) (GF) (SF) (D)
Tomatoes and baked potatoes

SEA SALT CRUSTED SEA BASS
(FOR TWO) AED 499 (GF)
Crushed potato, cherry tomato salad

WILD SEABASS FILLET AED 230 (GF)
Verjus sauce, Mediterranean vegetables

SEAFOOD MIXED GRILL AED 300 (SF) (GF) (LS)
Sautéed zucchini, lemon butter sauce

MEAT

TOMAHAWK 1.7KG AED 1499 (GF) (SF)
Australian wagyu beef, accompanied with chimichurri
& beef sauce, home made truffle fries and green salad

CHICKEN EMPANADAS AED 170 (SF) (D)
French fries, baby spinach salad

GRILLED LAMB CHOPS AED 180 (D)
Couscous, harissa, green olives

GRILLED AUSTRALIAN ANGUS TENDERLOIN AED 250 (A) (D)
Perigeux sauce, feta cheese and pomme paille

(N) - Nuts (SE) - Sesame (GF) - Gluten Free (SF) - Shellfish (D) - Dairy (E) - Egg (S) - Soy (VG) - Vegan (V) - Vegetarian (A) - Alcohol (R) - Raw Food (P) - Pork (LS) - Local source (D) - Signature

Please inform us of any allergies or dietary requirements before ordering, we would be happy to assist you in choosing suitable foods or prepare a dish that meets your specific requirements.
Terms and conditions apply. All Prices are in UAE Dirham and are Inclusive of all Applicable Service Charges and VAT.



VEGETARIAN & VEGAN MENU

STARTERS

MANCHEGO CROQUETAS AED 40 (V) (D)
Manchego cheese, parmesan, milk and roux

SALADS

MEDITERRANEAN SALAD AED 85 (GF) (V) (VG) (D)
Tomato, olives, capsicum, feta

SPINACH, ARTICHOKE AND TRUFFLE SALAD AED 110 (GF) (V) (VG)
Artichoke, parmesan, baby spinach, truffle sauce and oil

HEIRLOOM TOMATO CARPACCIO AED 95 (GF) (V) (D)
Coriander vinaigrette, feta cheese, black olives

PIZZA AND PASTA

TRUFFLE PIZZA AED 235 (V) (D)
Mozzarella, truffle sauce, fior di latte

PIZZA MARGHERITA AED 105 (V) (D)
Roma tomatoes, mozzarella, fresh basil

PIZZA EGGPLANT AED 145 (V) (D) (N)
Smoked mozzarella, eggplant, pesto

RIGATONI MANCHEGO AED 120 (V) (D)
Candied tomato, manchego cheese, fresh basil

TRENETTE PASTA AED 110 (N) (VG) (V)
Fresh basil, pesto, tomato, espelette chili, balsamic



DESSERTS

SAL DESSERTS

Pavlova, Pomelos and Raspberry AED 40 (GF) (D) (E)

Chocolate Mousse AED 40 (GF) (N) (E) (D)

Tiramisu AED 40 (D)

Mille-Feuille, Vanilla and Pecan AED 40 (E) (D) (N)

Mango Sago AED 40 (V) (GF)

PERFECT FOR SHARING

FRUIT PLATTER AED 150

The best of the season

SELECTION OF MINI-SAL DESSERTS AED 95

A selection of our home made desserts

ICE CREAMS

SELECTION OF ICE CREAMS AED 30 (N)

Coffee, pistachio, vanilla, strawberry, chocolate, yogurt

SELECTION OF SORBETS AED 30 (N)

Mango and passion fruit, raspberry, coconut, cherry, lemon, pomelos

FRUIT SELECTION

BOWL OF BERRIES AED 65

INDIVIDUAL ASSORTED FRUIT PLATTER AED 60

DESSERT OF THE DAY AED 45



KIDS MENU

MANCHEGO CROQUETAS AED 40 (V) (D)

CHICKEN TRENETTE PASTA (CHICKEN, CREAM) AED 95 (D)

CHICKEN MILANESE AED 95 (S)

RIGANTONI PINK SAUCE AED 110 (V) (D)

SEABASS MASH POTATOES AED 110 (VG)

MAC & CHEESE AED 105 (V) (D)

Menu exclusively available for ages 0-12



SIGNATURE COCKTAILS BY SAL

ROMÃ SPRITZ AED 80
Aperol, Prosecco, Pomegranate, Soda Water,
Orange Zest

ALEGRÌA AED 80
Tequila, Mango, Lime, Agave, Passion Fruit

CLEAR COLADA AED 80
Rum, Pineapple, Lime, Coconut Water, Spices,
Pandán, Curd Milk

ALBÀHACA SOUR AED 80
Gin, St-Germain, Lemon, Basil

CLASSIC COCKTAILS

MOSCOW MULE AED 80
Vodka, Ginger, Lime, Soda Water

EAST SIDE FIZZ AED 80
Gin, Lime, Mint, Cucumber, Soda Water

PALOMA AED 90
Tequila, Pink Grapefruit, Salt

CAÏPIRINHA AED 80
Cachaca, Lime, Demerara

DARK & STORMY AED 80
Rum, Ginger, Lime, Angostura

APEROL SPRITZ AED 95
Italian Bitter, Soda Water, Champagne,
Orange, Lemon

TOMMY'S MARGARITA AED 80
Tequila, Lime, Agave, Salt

NEGRONI SBAGLIATO AED 95
Vermouth Rouge, Campari, Champagne

BLOODY MARY AED 80
Vodka, Lemon, Tomato, Spices

MARTINI AED 80
Cucumber, Lychee or Passion Fruit

SAL SELECTION

TINTO DE VERANO AED 70

SANGRIA BY SAL AED 70

WHITE SANGRIA BY SAL AED 80

PANACEA BY SAL AED 70

SIGNATURE MOCKTAILS BY SAL

LIGHT MY FIRE AED 55
Raspberries, Lychee, Cranberries, Pimento Essence,
Togarashi, Lime

ALLGARVE AED 55
Pineapple, Ginger, Pepper, Turmeric

GO VERDE AED 55
Cucumber, Lemongrass, Basil, Elderflower, Lemon, Soda

AMOR AMOR AED 55
Redcurrant, ginger

BEERS

DRAUGHT BEER
Estrella Damm (350ml) AED 38 (500ml) AED 48

BOTTLE BEERS
Heineken Silver AED 45
Asahi Dry AED 45
Brew Dog Punk AED 55
Erdinger Weissbier AED 55
Thatchers Gold Cider AED 58
Heineken 0% AED 40

SOFTS

Coca cola, Diet Coca cola, Coca cola zero,
Sprite, Zero Sprite, Fanta AED 25
Fever tree ginger ale, Fever tree tonic AED 35

Aqua Panna Still Water
(500ml) AED 30 (750ml) AED 40

San Pellegrino Sparkling Water
(500ml) AED 30 (750ml) AED 40

Red Bull, Red Bull sugar free AED 55

COFFEES & TEAS

MACCHIATO, ESPRESSO AED 28

DOUBLE ESPRESSO, AMERICANO,
CAPPUCCINO, CAFE LATE AED 33

CAFÉ BOMBÓN AED 33

TEA SELECTION AED 33

ICE CAFÉ BOMBÓN AED 33



VODKA

| | 30ml Bottle | |
|--------------------------|-------------|------|
| Absolut | 45 | 700 |
| Beluga Nobel | 110 | 1620 |
| Belvedere | 65 | 1200 |
| Grey Goose | 65 | 1200 |
| Haku Vodka | 60 | 900 |
| Ketel One | 55 | 825 |
| Russian Standard Imperia | 65 | 1200 |

GIN

| | | |
|-----------------------|-----|------|
| Star of Bombay | 75 | 1250 |
| Gin Mare | 55 | 790 |
| Hendrick's Gin | 60 | 950 |
| Monkey 47 | 105 | 1350 |
| Ophyr Oriental Spiced | 45 | 685 |
| Tanqueray London Dry | 55 | 790 |
| Tanqueray 10 | 60 | 900 |
| Nordes Gin | 60 | 900 |

COGNAC

| | | |
|----------------|-----|------|
| Hennessy VSOP | 85 | 1275 |
| Hennessy XO | 175 | 2900 |
| Remy Martin XO | 175 | 2900 |

TEQUILA

| | | |
|---------------------|-----|-------|
| Clase Azul Anejo | 580 | 10500 |
| Clase Azul Reposado | 180 | 2950 |
| Don Julio Blanco | 105 | 1600 |
| Don Julio Reposado | 105 | 1600 |
| Don Julio 1942 | 250 | 3950 |
| Jose cuervo Silver | 45 | 700 |
| Patron Silver | 70 | 1150 |
| Patron Anejo | 75 | 1250 |
| Patron Reposado | 75 | 1250 |

RUM & CACHACA

| | | |
|------------------|----|------|
| Bacardi Superior | 50 | 650 |
| Bacardi 8 | 70 | 1050 |
| Havana 3 | 50 | 750 |
| Havana 7 | 60 | 695 |
| Zacapa 23 | 95 | 1425 |
| Cachaça 51 | 40 | 650 |

BLENDED SCOTCH WHISKY

| | 30ml Bottle | |
|--------------------------|-------------|------|
| Chivas Regal 12 | 60 | 850 |
| Chivas Regal 18 | 90 | 1350 |
| Chivas Regal 25 | 250 | 3750 |
| Monkey Shoulder | 50 | 550 |
| Johnny Walker Black 12 | 70 | 1050 |
| Johnny Walker Blue Label | 195 | 2950 |

JAPANESE WHISKY

| | | |
|-------------------------|-----|------|
| Hibiki Japanese Harmony | 125 | 1950 |
| Nikka From The Barrel | 90 | 1350 |

IRISH WHISKY

| | | |
|------------------------------|----|------|
| Jameson Black Barrel Reserve | 85 | 1275 |
| Jameson Caskmates | 55 | 825 |

SINGLE MALT SCOTCH WHISKY

| | | |
|-----------------------------|-----|------|
| Ardbeg Uigeadail | 95 | 1425 |
| Glenfiddich 12 | 70 | 1050 |
| Glenfiddich 18 | 95 | 1425 |
| Glenlivet 18 | 95 | 1425 |
| Lagavulin 16 | 145 | 2175 |
| Laphroaig 10 | 90 | 1350 |
| The Macallan 12 Sherry Cask | 90 | 1350 |
| The Macallan 18 Sherry Cask | 250 | 3750 |

APERITIFS & LIQUEURS

| | |
|------------------------|----|
| APEROL | 55 |
| BAILEY'S | 45 |
| CAMPARI | 50 |
| COINTREAU | 40 |
| DISARONNO AMARETTO | 45 |
| KAHLUA | 40 |
| FERNET BRANCA | 45 |
| GREEN CHARTREUSE | 60 |
| LILLET BLANC | 55 |
| MARASCHINO LUXARDO | 90 |
| ST GERMAIN ELDERFLOWER | 90 |