



Sunday April 11th – Saturday April 17th

Day	Time	Activity	Cost	Age Group	Location
SUNDAY	06:00-08:00	Beach Patrol* – <i>Reservation Essential</i>	Complimentary	All ages	Bodyism
	07:00-07:50	Bodyism Burn*	Complimentary	> 18 y.o	Bodyism
	09:00-10:00	Water Sports Kayak & SUP	Complimentary	All ages	Beach
	12:00-13:00	For Your Best Skin Ever	Complimentary	> 18 y.o	Spa
	15:00-15:45	Nurdle Hunt Emily	Complimentary	All ages	Pool Bar
	16:00-17:00	Badminton, Smash’N’Splash	Complimentary	All ages	Family Pool
MONDAY	06:00-08:00	Beach Patrol* – <i>Reservation Essential</i>	Complimentary	All ages	Bodyism
	09:00-10:00	Water Sports Kayak & SUP	Complimentary	All ages	Beach
	08:00-09:00	Bodyism Burn*	Complimentary	> 18 y.o	Bodyism
	12:00-13:00	For Your Best Skin Ever	Complimentary	> 18 y.o	Spa
	15:00-15:30	Sustainability Session* Emily	Complimentary	All ages	Pool Bar
	19:15-20:00	Sound Healing*	Complimentary	> 18 y.o	Bodyism
TUESDAY	08:00-09:00	Bodyism Burn*	Complimentary	> 18 y.o	Bodyism
	09:00-10:00	Water Sports Kayak & SUP	Complimentary	All ages	Beach
	10:00-11:00	Badminton, Smash’N’Splash	Complimentary	All ages	Family Pool
	12:00-13:00	For Your Best Skin Ever	Complimentary	> 18 y.o	Spa
	17:30-18:15	Sunset Yoga*	Complimentary	> 18 y.o	Bodyism
WEDNESDAY	07:00-07:50	Bodyism Burn*	Complimentary	> 18 y.o	Bodyism
	08:00-09:00	Bodyism Warrior*	Complimentary	> 18 y.o	Bodyism
	09:00-10:00	Water Sports Kayak & SUP	Complimentary	All ages	Beach
	10:00-11:00	Badminton, Smash’N’Splash	Complimentary	All ages	Family Pool
	12:00-13:00	For Your Best Skin Ever	Complimentary	> 18 y.o	Spa
THURSDAY	09:00-10:00	Water Sports Kayak & SUP	Complimentary	All ages	Beach
	09:00-10:00	Beach Football	Complimentary	All ages	Beach
	12:00-13:00	For Your Best Skin Ever	Complimentary	> 18 y.o	Spa
	15:30-16:00	Swimming Class*	Complimentary	3-7 y.o	Family Pool
	16:00-17:00	Badminton, Smash’N’Splash	Complimentary	All ages	Family Pool
	17:00-18:00	Sandcastle Builder	Complimentary	All ages	Beach
	18:00-19:00	Bodyism Burn*	Complimentary	> 18 y.o	Bodyism
FRIDAY	09:00-10:00	Water Sports Kayak & SUP	Complimentary	All ages	Beach
	09:00-10:00	Beach Football	Complimentary	All ages	Beach
	10:00-11:00	Sandcastle Builder	Complimentary	All ages	Beach
	10:00-11:00	Badminton, Smash’N’Splash	Complimentary	All ages	Family Pool
	10:30-11:30	Bodyism Warrior*	Complimentary	> 18 y.o	Bodyism
	12:00-13:00	For Your Best Skin Ever	Complimentary	> 18 y.o	Spa
	15:00-15:45	Nurdle Hunt Emily	Complimentary	All ages	Pool Bar
16:00-17:00	Badminton, Smash’N’Splash	Complimentary	All ages	Family Pool	
SATURDAY	06:00-08:00	Beach Patrol* – <i>Reservation Essential</i>	Complimentary	All ages	Bodyism
	09:00-10:00	Water Sports Kayak & SUP	Complimentary	All ages	The Beach
	09:00-10:00	Beach Football	Complimentary	All ages	Beach
	09:30-10:30	Bodyism Burn*	Complimentary	> 18 y.o	Bodyism
	10:00-10:45	Nurdle Hunt Emily	Complimentary	All ages	Pool Bar
	11:00-12:00	Badminton, Smash’N’Splash	Complimentary	All ages	Family Pool
12:00-13:00	For Your Best Skin Ever	Complimentary	> 18 y.o	Spa	

See Bodyism daily schedule for other classes at a special price of AED 50 per class for JSI guests.

FACILITIES:

- Jumeirah Collection Retail Shop
- Family, Adults & Kids outdoor pools
- SPA & Hammam
- Sauna & Steam Room
- Salt room
- Hydropool
- Gym
- Ladies only gym
- Private Training room
- Tennis court

SOME MORE?

- On call Tennis coach – various packages available.
- 1 on 1 Swimming lessons
- Beach games are available for complimentary rental from our family pool counter.
- Beach Patrol available throughout the week with limited space, contact ext. 4366 for bookings.
- Personal Training @ Bodyism
- Various Tours & Excursions can be booked with the Hospitality desk at the lobby.

PLEASE REMEMBER:

- Program may change due to weather conditions and/or number of participants.
- Activities listed with * require advance reservation – bookings through ext. 4366

OPENING HOURS:

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| ➤ SPA | 10:00 AM TO 08:00 PM | Ext: 4356 |
| ➤ BODYISM | 06:00 AM TO 09:00 PM | Ext: 4366 |
| ➤ JUMEIRAH COLLECTION | 09:00 AM TO 06:00 PM, THU-SAT | Ext: 4369 |
| ➤ CONCIERGE | 24/7 | Ext: 4520 |

Have a Wonderful Holiday...