



TALISE  
SPA

## SIGNATURE COLLECTION

Jumeirah Inner Calm Massage	90 minutes	900
Jumeirah Muscle Recovery Massage	90 minutes	900

## FACIAL COLLECTION

### LING NEW YORK

Oxygen Glow Rejuvenation	75 minutes	950
Triple Peel Energy Lift Facial	90 minutes	1,200

### SPA/CLINIC by 111SKIN

The Original Dramatic Healing Facial	75 minutes	950
Clarity Anti Blemish Facial	75 minutes	950
Celestial Black Diamond Non-Surgical Lift Facial	90 minutes	1,200
Cryo Energy Facial	90 minutes	1,200

*Enhance your facial treatment with a Talise Signature Face Massage*

Facial Massage	45 minutes	450
----------------	------------	-----

## HAMMAM EXPERIENCES

Traditional Hammam Ritual	60 min / for two guests	800 / 1,450
Signature Hammam Ritual	90 min / for two guests	1,050 / 1,950

## BODY COLLECTION

Rose Hydrator	60 minutes	780
Detox Reviver	75 minutes	880

## MASSAGE COLLECTION

Ultimate Bespoke Aromatherapy	90 minutes	900
Pre-Natal Nourishment & Nurture	60 minutes	780
Foot Reflexology	60 minutes	720
Scalp Massage	60 minutes	720
Deep Renewal Massage	Course of 6 / Course of 10	3,240 / 5,400

## Starting From AED

## ENHANCEMENT COLLECTION

Skin Polish	30 minutes	350
Back, Neck, Shoulder Massage	30 minutes	350
Foot Massage	30 minutes	350
Scalp and Foot Reviver	30 minutes	350
Express Facial	30 minutes	350
Cryo Cellulite Treatment	30 minutes	450
Heavy Leg Reviver	30 minutes	350
Deluxe Double Suite	30 minutes	350
111 Master Masking		Starting from AED 120

## SPA JOURNEYS

Total Sleep Ritual	2 hours	1,400
Forest Therapy Ritual	2 hours	1,400
Your Spa Time For Two	3 hours	1,850 (Price per guest)
The Rose Ritual	2 hours	1,450

## ELITE 111CRYO COLLECTION BY 111SKIN

Upper Body Core Muscular Release	60 minutes	790
Lower Body Agility Release	60 minutes	790
Cryo Hyper Chilled Deep	90 minutes	950

All treatments are priced in UAE Dirhams and inclusive of 10% service charge and 7% Municipality fees and Value Added Tax.  
\*In room Treatment Upon Request. Spa service in the room has an add-on fee of 100% of the treatment value.

# Signature Collection

## **Jumeirah Massage**

Rooted in science and inspired by therapeutic wisdom, our results driven Jumeirah Signature Massage are specially curated for achieving total mind body recovery or fostering inner calm.

## **Inner Calm | 90 minutes**

Designed for those seeking inner peace and deep relaxation. Our signature massage based on myofascial release technique, relieve muscle fatigue and muscle skeletal pain as well as congestion around the spine to induce a deep state of relaxation and optimize mind body balance. Ideal for those who need to reinforce physical resilience and destress to enhance sleep and inner calm.

## **Muscle Recovery | 90 minutes**

Recharge and reclaim your energy. Meticulously crafted for active guests looking to reduce recovery time after intense activity or to soothe an overworked mind and body. Focused deep muscle manipulation release tightness caused by poor posture or long-haul travel, boosting circulation, detoxifying the muscle offering perfect recovery, restoring energy levels and inner strength.

# Facial Collection

## **LING NEW YORK**

### **Oxygen Glow Rejuvenation Facial | 75 minutes**

The ideal urban skin treatment. An oxygenating facial designed to rejuvenate tired and stress skin. LING's famous oxygen plasma encourages cells metabolisms to trigger collagen production.

### **Tripple Peel Energy Lift Facial | 90 minutes**

This Rejuvenating, lifting, and toning facial incorporates the LING's signature triple peel, combined with a mask that instantly shoots, revives and alleviates inflammation. The facial concludes with an infusion of chi energy on to facial acupressure points to refill a slimmer v-shaped contour.

## **SPA/CLINIC by 111SKIN**

### **The original Dramatic Healing Facial | 75 minutes**

A high-performance facial that enhances the skins' ability to repair and restrengthen itself. Combined with signature steps, including the deep muscle facial massage, skin is completely rested and restore.

### **Clarity Anti Blemish Facial | 75 minutes**

A targeted, since led treatment for problematic and acne skin, it features a highly targeted, intelligent mask system which utilizes the exclusive 111SKIN facial architecture method neutralise skin eruption and relive redness and irritation. The completion is left refine and purified.

### **Celestial Black Diamond Non-Surgical Lift Facial | 90 minutes**

The most intensive facial, that uses since led formulas with diamond powder to aid the absorption of active ingredients combined with lifting techniques. The perfect treatment to target since of aging on multi-dimensional level.

### **CRYO Energy Facial | 90 minutes**

A fusion of science and holistic therapy using cold, purify air with a mini 111SKIN CRYO facial machine, which has outstanding revitalising effect on the skin. This treatment is specifically blended with powerful 111SKIN regenerative formulas to act as a workout for the skin. Easing puffiness and energizing the complexion, this facial is perfect for frequent fliers.

### ***Enhance your facial treatment with Jumeirah Signature Face Massage***

#### **Facial Massage | 60 minutes**

# Hamмам Experiences

Discover a refined, opulent line that tells the story of sumptuous Morocco—land of lights and country of abundance, where nature blooms and expands, a universe of warmth, colours and fragrant landscapes. Hammam signatures by marocMaroc.

## **Traditional Hammam Ritual | 60 minutes**

Everyday life melts away as you rest on a heated marble slab, where purifying black soap is generously applied to the skin. Followed by body exfoliation with a traditional Kessa massage glove and a gourmand body scrub. Your skin is then soothed and moisturized leaving it renewed and soft.

## **Signature Hammam Ritual | 90 minutes**

This majestic Arabia-inspired ritual incorporates the full Traditional Oriental Hammam Ritual, including an application of purifying black soap and a detoxifying full-body exfoliation with a Kessa glove. Additionally, your senses are stimulated through facial exfoliation, a nourishing shampoo, an enriching hair mask and washing ritual. The therapist will unlace the knots in your muscles with a soothing aromatic back massage.

# Body Collection

## **Rose Hydrator | 60 minutes**

This intensely hydrating treatment includes a gentle touch back massage, layering of rich rose serum, oil and cream to your full body, leaving your skin radiant, soft and smooth. Relax in a warm cocoon and enjoy an Ayurvedic scalp massage. An Aromatherapy Associates Signature.

## **Detox Reviver | 75 minutes**

This invigorating treatment is specifically designed for those looking for an intense body detox. The perfect therapy when you are feeling sluggish, lacking energy and jet lagged. An Aromatherapy Associates Signature.



# Massage Collection

## **Ultimate Bespoke Aromatherapy | 90 minutes**

Total wellbeing to ease the body, mind and spirit.

East meets west techniques merging and mingling of techniques carefully applied pressures to stimulate the nervous system, Swedish and neuromuscular techniques to relieve muscular tension, and lymphatic drainage to encourage healthy circulation. An Aromatherapy Associates Signature.

## **Pre-Natal Nourishment & Nurture | 60 minutes**

Using the traditional aromatherapy pressure point massage for the upper back and paying particular attention to tight shoulders, this massage helps to relieve stress and tension. The legs are massaged to ease the heavy feeling that can come with pregnancy and a full scalp and facial massage, with treatment oil chosen specifically for your skin type, completes this top to toe treatment. An Aromatherapy Associates Signature.



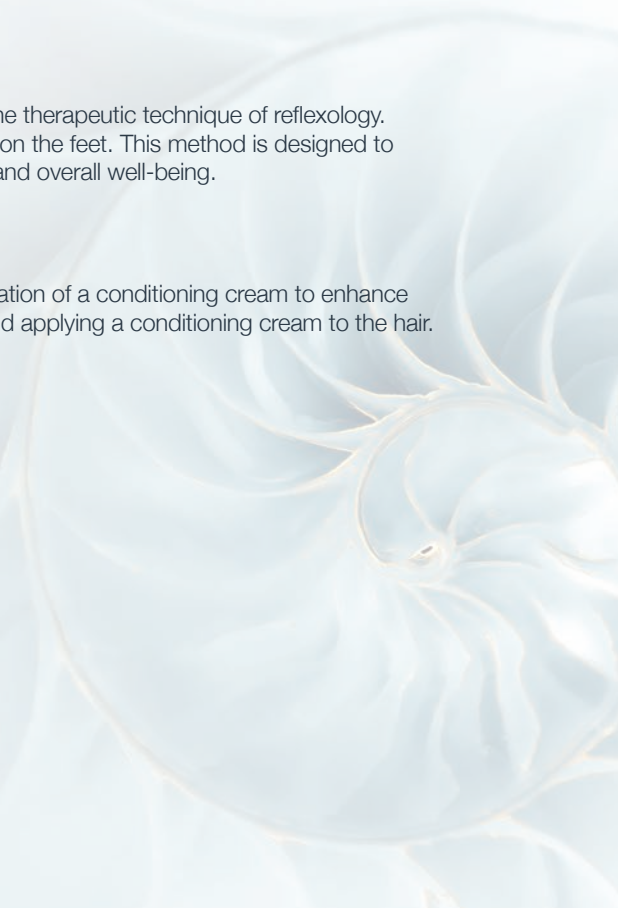
### **Foot Reflexology | 60 minutes**

This ancient practice, originating from traditional Indian and Chinese cultures, involves the therapeutic technique of reflexology. During a session, a therapist applies thumb and finger pressure to specific reflex points on the feet. This method is designed to stimulate the corresponding organs and areas of the body, promoting optimal function and overall well-being.

### **Scalp Massage | 60 minutes**

This specialized therapy combines acupressure techniques on the scalp with the application of a conditioning cream to enhance hair health. The massage includes targeting specific acupressure points on the scalp and applying a conditioning cream to the hair.

### **Deep Renewal Massage| 60 minutes | Course of 6 / Course of 10**



# Enhancement Collection

Complement your experience by adding on one or more of the following options to your treatment.

## **Skin Polish | 30 minutes**

Comforting and restorative treatment designed to rejuvenate dry skin. An intensive body exfoliation stimulates the circulation and sloughs off dead cells to revive dull tired-looking skin.

## **Back, Neck, Shoulder Massage | 30 minutes**

Ease tension where you need it most with this fast-acting de-stressing treatment. Personalised to your unique needs, targeted massage with pure aromatherapy blends relaxes tense muscles, re-energises your body and calms your mind.

## **Foot Massage | 30 minutes / Express Facial | 30 minutes**

## **Scalp and foot reviver | 30 minutes**

Richly scented essential oils are massaged into the hair, releasing tension, conditioning the scalp and leaving the hair super shiny, glossy and nourished.

## **Heavy Leg Reviver | 30 minutes**

Specialized massage techniques ease swollen legs and ankles, leaving you feeling refreshed and energized.

### **CRYO Energy Cellulite Treatment | 30 minutes**

Stimulating micro circulation and the lymphatic system to improve the appearance of cellulite, this treatment helps to ease and soothe tired legs and achy muscles while contouring the silhouette. A quick fix treatment

### **111 Master Masking**

Choose your favorite mask from 111SKIN

Face, Eye & Decollétage masks – Enhance any massage / body treatment with 111SKIN's globally renowned Master Masking Concept – choose from the following masks - Celestial Black Diamond Lifting & Firming Mask, Rose Gold Brightening Treatment Mask, Anti-Blemish Bio Cellulose Facial Mask, Sub Zero De-Puffing Eye Mask and Celestial Black Diamond Eye Mask.

### **Deluxe Double Suite | 30 minutes / 60 minutes**

In the exclusive, private and spacious Deluxe Double Suite, indulge yourself by adding to your choice of any treatments a customized bath and beverage experience perfect for any special occasion.

# Spa Journeys

Indulge in our specially designed rituals, combining a variety of facial and body treatments. Each ritual is crafted to deliver multiple benefit.

## **Total Sleep Ritual | 2 hours**

Focused on balance and hydration, this experience will leave you in a total state of relaxation and wellbeing. Commence with a sleepy foot ritual to ease the stress of tired feet. A decadent and gentle wrap and massage will bring your mind to the present moment. An Aromatherapy Associates Signature

## **Forest Therapy Ritual | 2 hours**

Bring the serenity of nature to your mind, body and skin. Feel restored from the stresses of modern day living, cleansed of pollution and relieved from restlessness & agitation. Forest therapy unique essential oil blend & treatment massage will reinforce your intention to feel refreshed, tranquil & grounded. An Aromatherapy Associates Signature.

## **Your Spa Time for Two | 3 hours**

The Deluxe Private Spa Suite is the perfect setting for this journey. Enjoy 30 minutes in the Spa Suite facilities, which include a private sauna, steam shower, and jacuzzi to prepare your body for the treatment journey. A 60-minute traditional hammam will leave your skin fresh and alive, follow with a 90-minute massage of choice – guaranteed to have you feeling relaxed and rejuvenated.

## **The Rose Ritual | 2 hours**

This recharging face & body treatment designed to nourish and nurture your body. Your ritual continues with a hydrating facial and relaxing massage to uplift the mind and senses before you receive the Inner Strength bath & shower oil for post-treatment care. An Aromatherapy Associates Signature.

# Elite 111CRYO Collection by 111SKIN

## **Upper Body Core Muscular Release | 60 minutes**

A focused treatment to release tension and improve suppleness. Targeted to the lower back, back, core body, shoulders, neck and arms. Unique blend of sports massage and hyper chilled Cryo pressure massage for muscular stimulation and recovery.

## **Lower Body Agility Release | 60 minutes**

Stimulating sport massage and stretches for the lower back, hips, thighs, calves and legs. Ideal to release tension from vigorous sports activity and muscular recovery. This treatment is great for general aches and stiffness.

## **Cryo Hyper Chilled Deep Tissue Muscle Massage | 90 minutes**

A localised treatment for fatigue, this treatment combines deep tissue massage, sports massage, and cutting-edge localised cryotherapy to relieve tension and revive. It can be used on specific areas of concern, or as a whole-body therapy.



JUMEIRAH  
BEACH HOTEL

+971 4 406 8821  
[jbhtalisespa@jumeirah.com](mailto:jbhtalisespa@jumeirah.com)  
[jumeirah.com/talisespa](http://jumeirah.com/talisespa)