


# TALISE FITNESS TIMETABLE JANUARY 2021

**Jumeirah**  
EMIRATES TOWERS

MAIN STUDIO - CLASS CAPACITY - 11 Members

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00							
12:00							
1:00							
2:00							
3:00							
6:30							
7:00							

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**TALISE**  
FITNESS