



ZABEEL HOUSE
THE GREENS
BY JUMEIRAH

THE STUDY

BREAKFAST BUFFET

HOT SECTION & COLD CUTS

Egg Section (Choice of 2 options)

- Scrambled eggs
- Shakshuka eggs
- Fried eggs

Hot sides (Choice of 4 options)

- Sautéed mushrooms
- Grilled tomato
- Chicken sausage
- Beef sausage
- Hash browns
- Potato croquettes
- Turkey bacon

Cheese & Cold Cuts (Choice of 2)

- Smoked turkey ham
- Beef pastrami
- Cream cheese
- Red cheddar cheese
- Emmental cheese

DESSERTS

Parfait
(Choice of 2)

- Plain yogurt
- Roasted granola mini bowl
- Bircher muesli
- Chia pudding
- Blueberry chia pudding

Assorted Seasonal Fruit Platter
(Choice of 3 options)

- Pineapple
- Snap melon
- Honey dew
- Watermelon
- Rock melon

FROM THE OVEN

Bread Section
(Choice of 4)

- Sourdough
- Arabic bread
- White toast
- Brown toast
- Paratha
- Lebanese bread

Gluten free option available
Butter & Jam included

Bread Section
(Choice of 3)

- Butter croissant
- Pain au chocolate
- Almond croissants
- Danish blueberry pastry
- Danish mango pastry
- Assorted cookies jar
- Banana bread

Any allergies we should be aware of? please inform us.

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THE STUDY

MONDAY

STARTERS

SOUP OF THE DAY (D)

KALE SALAD (N)

Orange, roasted almonds, cider vinaigrette

MOUTABAL (G)

Olive oil, eggplant ash, pita

ASSORTED CRUDITÉ CHICKPEA HUMMUS (N)(D)

FRIED VEGETABLE SPRING ROL (N)(LF)(S)

Cabbage, mushroom, carrot, glass noodle, sweet chilli sauce

MAINS

ROASTED AUBERGINE (D)(G)(V)

Tomato sauce, béchamel

GRILLED HADDOCK (D)

Lemon, butter and herbs

KUNG PAO CHICKEN (N)(S)(LF)

Bell pepper, onion, celery, ginger, water chestnut,
dried chili and kung pao sauce

WOK FRIED SEASONAL VEGETABLE (V)(VG)

Mushroom, seasonal vegetable,
(LF)
oyster mushroom sauce

NASI GORENG (S)(E)(LF)

Carrot, broccoli stem and sambal sauce

DAL MAKHANI (V)

SAFFRON BASMATI RICE

* Assorted Bread & Butter included*

DESSERTS

ASSORTED FRUIT CHEF’S CHOICE PLATTER

VANILLA CHEESECAKE AND BERRIES (D) (E)

LYCHEE PANACOTA (GF)

Lychee, coconut milk

BEVERAGES

SOFT DRINKS

ORANGE JUICE

COFFEE & TEA

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THE STUDY

TUESDAY

STARTERS

SOUP OF THE DAY

SMOKED FETA AND WATERMELON

Feta cheese, watermelon, balsamic vinegar

GREEK SALAD

Feta cheese, tomato, cucumber

ASSORTED CRUDITÉ CHICKPEA HUMMUS (N)(D)

FRIED VEGETABLE SPRING ROLL (N)(LF)(S)

Cabbage, mushroom, carrot, glass noodle, sweet chilli sauce

MAINS

GOLDEN CHICKEN

Grilled chicken with garlic and rosemary

ROSEMARY ROASTED POTATOES

Mushroom, seasonal vegetable
Oyster mushroom sauce

SWEET & SOUR FISH (LF)(G)

Fried fish, bell pepper, white onion, pineapple, sweet and sour sauce

CURRY ROASTED CAULIFLOWER

Carrot, broccoli stem and sambal sauce

BLACK PEPPER PRAWN (D)(S)

Prawn, capsicum, onion, celery, ginger, asparagus
Black pepper sauce

PARMESAN FRIES (D)

Prawn, capsicum, onion, celery, ginger, asparagus
Black pepper sauce

STEAMED JASMINE RICE

* Assorted Bread & Butter included*

DESSERTS

ASSORTED FRUIT CHEF’S CHOICE PLATTER

BANANA SAGO (GF)

Banana, sago, coconut milk

VANILLA CHEESECAKE AND BERRIES (D)(E)

Vanilla cheesecake with berry compote

BEVERAGES

SOFT DRINKS

COFFEE & TEA

ORANGE JUICE

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THE STUDY

WEDNESDAY

STARTERS

SOUP OF THE DAY

VEGETABLE SPRING ROLL (G)

Cabbage, mushroom, carrot, glass noodle,
sweet chilli sauce

MOUTABAL (G)

Olive oil, eggplant ash, pita

CHICKEN CAESAR SALAD (D)(E)(SF)(G)

Grilled chicken, lettuce, egg, anchovies, parmesan and
ceaser achovies dressing

VEGETABLE TEMPURA (E)(G)

Assorted vegetable and tempura batter
Sweet chili sauce

MAINS

PERI PERI CHICKEN CHICKEN

Roasted chicken, peri peri sauce

WOK FRIED SEASONAL VEGETABLE (V)(VG)(LF)

Mushroom, seasonal vegetable,
oyster mushroom sauce

VEGETABLE THAI GREEN CURRY (D)(V)

Eggplant, crispy ginger, baby corn, thai red chili

VEGETABLE PULAO (V)

Carrot, green peas, snow peas

SZECHUAN CHILI BEEF (N)(S)(LF)

Bell pepper, snow peas, bamboo shoot, coriander,
spring onion and Szechuan chili sauce

CHOW MIEN FUN NOODLE (E)(LF)(S)

Egg noodle, bok choy, chinese cabbage, white
onion, soya sauce

SAFFRON JASMINE RICE

* Assorted Bread & Butter included*

DESSERTS

ASSORTED FRUIT CHEF’S CHOICE PLATTER

LYCHEE PANACOTA

Lychee, coconut milk

TRUFFLE CHOCOLATE BROWNIES (GF)(N)

BEVERAGES

SOFT DRINKS

COFFEE & TEA

ORANGE JUICE

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THURSDAY

STARTERS

SOUP OF THE DAY

SALMON MAKI (E)(S)

Crispy salmon skin, onion
Spicy mayo and orange tobiko

GREEN PAPAYA SALAD

PUMPKIN SALAD

Grilled chicken, lettuce, egg, anchovies, parmesan and
ceaser achovies dressing

TUNA NIÇOISE (N)(SF)

Assorted vegetable and tempura batter
Sweet chili sauce

MAINS

KUNG PAO CHICKEN (N)(S)(LF)

Bell pepper, onion, celery, ginger, water chestnut
Dried chili and kung pao sauce

VEGETABLE THAI GREEN CURRY

Baby eggplant, crispy ginger, baby corn, thai green paste, thai
red chili, sticky rice

SZECHUAN CHILI BEEF (N)(S)(LF)

Bell pepper, snow peas, bamboo shoot, coriander,
spring onion and Szechuan chili sauce

STEAMED JASMINE RICE

NASI GORENG (S)(E)(LF)

Carrot, broccoli stem and sambal sauce

DHAL MAKHANI (V)

VEGETABLE PULAO

Carrot, green peas, snow peas

* Assorted Bread & Butter included*

DESSERTS

ASSORTED FRUIT CHEF’S CHOICE PLATTER

STICKY DATE PUDDING (N)(G)(D)

Dates, caramel sauce

BANANA SAGO

Banana, sago, coconut milk

BEVERAGES

SOFT DRINKS

ORANGE JUICE

COFFEE & TEA

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STARTERS

SALMON MAKI (E)(S)

Crispy salmon skin, onion, spicy mayo and orange tobiko

SOUP OF THE DAY

GREEK SALAD

Feta cheese, tomato, cucumber

TUNA NIÇOISE (N)(SF)

Assorted vegetable and tempura batter
Sweet chili sauce

WOK FRIED SEASONAL VEGETABLE (V)(VG)(LF)

Mushroom, seasonal vegetable,
oyster mushroom sauce

MAINS

BEEF STROGANOFF

Grilled chicken with garlic and rosemary

SWEET & SOUR FISH (LF)(G)

Fried fish, bell pepper, white onion, pineapple, sweet and sour sauce

SMOKED MASHED POTATOES (D)

SZECHUAN CHILI BEEF (N)(S)(LF)

Bell pepper, snow peas, bamboo shoot, coriander,
spring onion and Szechuan chili sauce

WOK FRIED SEASONAL VEGETABLE (V)(VG)(LF)

Mushroom, seasonal vegetable,
oyster mushroom sauce

NASI GORENG (S)(E)(LF)

Carrot, broccoli stem and sambal sauce

SAFFRON BASMATI RICE

* Assorted Bread & Butter included*

DESSERTS

ASSORTED FRUIT CHEF’S CHOICE PLATTER

TIRAMISU (D)(G)

Vanilla cheesecake with berry compote

BANANA SAGO (GF)

Banana, sago, coconut milk

BEVERAGES

SOFT DRINKS

ORANGE JUICE

COFFEE & TEA

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