



TALISE
FITNESS

MEMBERSHIP PACKAGES

YOUR JOURNEY STARTS HERE

12-month Elite Membership Rates



Registration fees	KWD 100
Couple	KWD 1540
Single	KWD 1,210
Child 0-4 years old	Complimentary
Child 4-6 years old	KWD 150
Child 6-12 years old	KWD 250
Child 12-18 years old	KWD 350
Assistants/Nannies	KWD 150

6-month Premier Membership Rates

Registration fees	KWD 50
Couple	KWD 1,100
Single	KWD 990
Child 0-4 years old	Complimentary
Child 4-6 years old	KWD 100
Child 6-12 years old	KWD 150
Child 12-18 years old	KWD 250
Assistants/Nannies	KWD 150



12-month Elite Membership Package



EXCLUSIVE ACCESS

- ✓ Unlimited access to the Talise Fitness facilities, including pool and beach areas.
- ✓ Complimentary access to the fitness classes.
- ✓ Complimentary access to the Tennis Court (booking required 24 hours prior).
- ✓ For junior membership, Sinbad's Kids Club access is available during opening hours for children aged between 5 to 13 years old; children below age 5 must be accompanied by an adult.
- ✓ Freeze of membership for 2 months, with a minimum of 1 month at a time.
- ✓ Complimentary premium WiFi.

DISCOUNT PRIVILEGES

- ✓ *25% discount on laundry services.
- ✓ *20% discount on dining in all restaurants, cafes, and lounges at Jumeirah Messilah Beach Hotel & Spa.
- ✓ *20% discount on personal training packages.
- ✓ *20% discount in the female salon for services above KWD 8.
- ✓ *20% discount in the male salon.
- ✓ *15% discount on spa treatments (not valid during weekends & public holidays).
- ✓ *10% discount on room reservation published rates (excluding promotions) and upgrade to the next room type, subject to availability.

GIFT BUNDLE

- ✓ Six fitness, beach, and swimming pool access invitations accompanied by the member (not valid during weekends & public holidays).
- ✓ Four invitations for fitness classes accompanied by the member (not valid during weekends & public holidays).
- ✓ Two complimentary fitness consultation sessions.
- ✓ Two complimentary body composition analyses.
- ✓ Two complimentary personal training sessions.
- ✓ One complimentary tennis class.
- ✓ Two complimentary spa facilities day passes (not valid during weekends & public holidays).
- ✓ Two x 50% discount vouchers on 60-minute spa massages (not valid during weekends & public holidays).
- ✓ One complimentary voucher for 2 hot drinks at the Lobby Lounge.
- ✓ One complimentary voucher for 2 hot drinks at Mint Café.
- ✓ One complimentary breakfast buffet voucher for 2 people at Garden Café restaurant.

*Discounts do not apply to products, offers, and events already discounted.

*Discount privileges may vary during the year, however, to be communicated in advance.

Terms and conditions apply.

6-month Premier Membership Package

EXCLUSIVE ACCESS

- ✓ Unlimited access to the Talise Fitness facilities, including pool and beach areas.
- ✓ Complimentary access to the fitness classes.
- ✓ Complimentary access to the Tennis Court (booking required 24 hours prior).
- ✓ For junior membership, Sinbad's Kids Club access is available during opening hours for children aged between 5 to 13 years old; children below age 5 must be accompanied by an adult.
- ✓ Freeze of membership for 1 month.
- ✓ Complimentary premium WiFi.

DISCOUNT PRIVILEGES

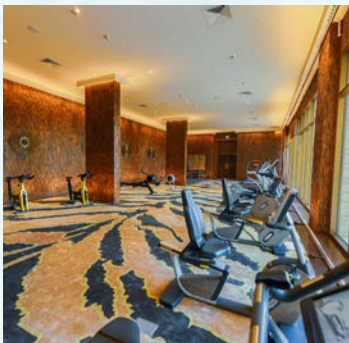
- ✓ *20% discount on dining in all restaurants, cafes, and lounges at Jumeirah Messilah Beach Hotel & Spa.
- ✓ *20% discount on personal training packages.
- ✓ *10% discount on room reservation published rates (excluding promotions) and upgrade to the next room type, subject to availability.

GIFT BUNDLE

- ✓ Two fitness, beach, and swimming pool access invitations accompanied by the member (not valid during weekends & public holidays).
- ✓ Two complimentary fitness consultation sessions.
- ✓ Two complimentary body composition analyses.
- ✓ One complimentary personal training session.
- ✓ One complimentary tennis class.

*Discounts do not apply to products, offers, and events already discounted.

*Discount privileges may vary during the year, however, to be communicated in advance. Terms and conditions apply.



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For more information, please call +965 9696 0291