

---

## THE CONTINENTAL 28

Selection of homemade pastries & breads  
Seasonal sliced fruits  
Organic yoghurt

## THE KNIGHTSBRIDGE 33

Selection of homemade pastries & breads  
Seasonal sliced fruits  
Organic yoghurt  
Our classic 'Full English'

## THE CARLTON TOWER RESIDENTIAL 42

Selection of homemade pastries & breads  
Seasonal sliced fruits  
Organic yoghurt  
Selection of cold cuts & cheeses  
Your choice of eggs, French toast,  
pancakes or waffles

## THE WELLNESS 36

Healthy selection of homemade pastries & breads  
Seasonal sliced fruits  
Your choice of eggs  
The Açai bowl

## THE MEDITERRANEAN 33

Selection of homemade pastries & breads  
Seasonal sliced fruits  
Organic yoghurt  
Selection of cold cuts & cheeses

All our breakfasts are served with fresh juice and your choice of coffee or tea

---

### COFFEE

Espresso, Lungo, Ristretto  
or Macchiato 7

Americano, Cappuccino,  
Latte, Flat White, Mocha  
or Hot Chocolate 8

### 'MARIAGE FRÈRES' TEA

Covent Garden Tea (English Breakfast),  
Earl Grey Imperial, Marco Polo,  
Thé des Légendes, Fuji Yama,  
Thé à l'Opéra, Chamomile, Verbena  
or Mentha Piperita 7

### FRESH JUICES

Valencia Orange 9  
Freshly squeezed in house

Grapefruit, Cranberry, Apple,  
Mandarin or Pineapple 7

### WELLNESS CORNER

Detox Juice 9  
Celery, kale, spinach & apple

Morning Booster 9  
Orange, apple, carrot & ginger

The Açai Bowl 12  
Frozen unsweetened açai with banana,  
berries & chia seeds

### FRUIT

Seasonal Freshly Sliced Fruit 14

Berry Selection 14

### BREAKFAST CLASSICS

Free Range Eggs Any Style 12  
Fried, scrambled or poached  
Served with your choice of toast

Eggs Benedict 19  
English muffin topped with black truffle  
Hollandaise sauce & Spigaroli ham

Eggs Royale 19  
English muffin topped with Hollandaise sauce,  
smoked salmon & chives

'Full English' 26  
Two free range eggs, grilled tomato, baked beans,  
black pudding, bacon & pork sausage

Omelette 19  
Served with your choice of fillings

Eggs & Avocado on Toast 19  
Homemade malt sourdough topped with  
hass avocado, seeds & cress

French Toast 16  
Homemade brioche soaked in crème anglaise  
& pan fried in butter with brown sugar  
for a rich caramelised finish

Pancakes & Waffles 16  
Topped with berries  
Served with your choice of whipped cream,  
maple syrup or chocolate

Sides 7  
Chicken sausage, vegetarian sausage,  
pork sausage, turkey ham, turkey bacon,  
pork bacon, black pudding, hash brown,  
grilled tomato, baked beans  
or portobello mushrooms

### CARLTON TOWER BAKERY

Selection of Homemade  
Bread & Pastries 14

Single Pastry 6  
Croissant, pain au chocolat,  
French baguettine or muffin

### DAIRY & CEREALS

Glass of Milk 5

Organic Yoghurt 6  
Plain, low-fat or fruit

Organic Porridge 9  
With raisins, demerara sugar, walnuts,  
Served with berries, maple syrup or banana  
Made with your choice of water or milk

Doves Farm Cereals 8  
Organic, vegan & gluten-free  
Served with your choice of milk or plain yoghurt

Selection of Healthy Muesli 8  
Served with your choice of milk or plain yoghurt

Our Homemade Granola 9  
Greek yoghurt & fruit compote

### COLD CUTS & CHEESES

The Carlton Tower Platter 22  
Selection of charcuterie & cheese  
Served with fig chutney, lemon marmalade  
& honey

Smoked Salmon 18  
Bagel with a side of crème fraîche  
& 'lemon mousseline'