



FITNESS AND PILATES PERSONAL TRAINING PACKAGES



It's all about fitness. Focus training on cardio, strength, toning, flexibility and mobility.

These packages will allow you to work with your trainer to build a strong level of physical fitness and overall wellness.

INCLUDED

Training Program | Hypervolt Massage Therapy

HOW TO BOOK?

Purchase your package at reception desk.

*All sales are final. 24 – hour cancellation policy applies for all appointments.

- 1 session – 5 sessions package : 1 month validity
- 12 sessions packages : 3 months validity
- 24 sessions package: 4 months validity
- 36 sessions package: 6 months validity

ITEM	INDIVIDUAL	BUDDY/COUPLE	MASTER PT	REFORMER PILATES
SINGLE SESSION	AED 350	AED 455	AED 400	AED 455
PT PACKAGE OF 5	AED 1,600	AED 2,080	AED 1,800	AED 2,080
PT PACKAGE OF 12	AED 3,350	AED 4,355	AED 4,080	AED 4,355
PT PACKAGE OF 24	AED 6,400	-	AED 7,680	-
PT PACKAGE OF 36	AED 9,300	-	AED 10,800	-

