



TALISE
SPA



Set amidst the tranquil waterways and tropical landscapes of Jumeirah Al Qasr, we invite you to indulge in the most luxurious spa experiences catering to your individual needs.

Our team of skilled therapists are dedicated to delivering genuine results through specialised treatments, leaving you with a feeling of pure renewal and revitalisation.

JUMEIRAH SIGNATURE

		AED
Revitalising Massage	60/90 minutes	680 / 880
De-Stress Massage	75 minutes	780

FACIAL COLLECTION

111SKIN

The Original Dramatic Healing Facial	75 Minutes	950
Soothing - Plumping		
Celestial Black Diamond Non-Surgical Face Lift	90 minutes	1,100
Contouring - Firming		
Cryo Energy Facial	90 minutes	1,100
Revitalising - Oxygenating		

MARGY'S MONTE CARLO

Age Embrace Facial	75 minutes	950
Refreshing - Hydrating		
Collagen Renewal Facial	90 minutes	1,100
Hydrating - Smoothing		
Illuminating Stem Cell Facial	90 minutes	1,100
Brightening – Stimulating		

SODASHI

Thermal Infusing Facial	90 minutes	950
Lifting - Nourishing		
Marine Mineral Facial	75 minutes	850
Oxygenating – Toning		
Gentleman's Facial	75 minutes	850
Deep Cleansing – Balancing		

MASSAGE COLLECTION

Tension Release Massage	60 minutes	680
Bespoke Aroma Deep Tissue Massage	60/90 minutes	680/880
Balinese Massage	60/90 minutes	680/880
Pre and Post Natal	60 minute	680
Sensory Awakening Candle Massage	90 minutes	880
Thai Massage	60/75 minutes	680/780
Crystalus Energy Healing Massage	90 minutes	880

HAMMAM COLLECTION

Traditional Hammam Ritual	60 minutes	750
Signature Hammam Ritual	90 minutes	950

BODY COLLECTION

Purifying Body Detox	90 minutes	890
Vanilla Body Bliss	90 minutes	890



ENHANCEMENT COLLECTION

		AED
Foot Reviver Massage	30 minutes	330
Scalp Massage	30 minutes	330
Body Balance Salt Scrub	30 minutes	330
Back, Neck, Shoulder Massage	30 minutes	330
Express Facial Reviver	30 minutes	330
Hot Sea Shell		150

DOUBLE SUITE EXPERIENCE

Just the Two of Us	150 minutes	2,700
Celebration of Love	120 minutes	2,200

WELLBEING RITUALS

Sensory Awakening Ritual	120 minutes	1,200
Vitality Ritual	120 minutes	1,200
Serenity Ritual	120 minutes	1,200
Beach and Spa Escape		weekday 790 weekend 890

WELLNESS THERAPIES

PRIVATE

Private Yoga	60 minutes	385
Duet Yoga	60 minutes	550

GROUP

Five Elements Full Moon Yoga	75 minutes	120
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HEALING

Sound Meditation	45 minutes	350
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LUCIA LIGHT

Frequency Light Healing Experience	30 minutes	400 couples 700 five sessions 1,600
Frequency Healing Light Ritual	60 minutes	700 couples 1,300 five sessions 2,800

JUMEIRAH SIGNATURE

Revitalising Massage | 60/90 minutes

680/880

Energising – Deep tissue

Feel your energy awoken with this full body, deep tissue massage featuring ancient therapeutic techniques, deep flowing movements, acupressure points and light stretching.

De-Stress Massage | 75 minutes

780

Soothing – Stress relief

Feel your tension melt away with this top-to-toe massage, which includes combination of evolving techniques such as stretching, wringing, kneading of muscles and your choice of pure aroma oils to promote overall wellbeing.

FACIAL COLLECTION

AED

111SKIN

The Original Dramatic Healing Facial | 75 minutes

950

Soothing – Plumping

A soothing and intensive treatment, this reparative facial will enhance the skin's natural ability to repair and re-strengthen itself. Using anti-ageing ingredients, the deeply hydrating facial will calm and repair the complexion while plumping out expression lines.

Celestial Black Diamond Non-Surgical Face Lift | 90 minutes

1,100

Contouring – Firming

The intensive Celestial Black Diamond Facial is most suitable for mature, dry skins with expression lines. Powerful active ingredients work synergistically to alleviate age spots and pigmentation. Dubbed the 'non-surgical facelift', this is the perfect treatment to target signs of ageing on a multi-dimensional level

Cryo Energy Facial | 90 minutes

1,100

Revitalising – Oxygenating

This regenerative facial will awaken your complexion with a combination of cryoglobes and Cryotherapy-inspired skincare. The energising treatment reduces puffiness, minimises dark circles and enlivens dull and lifeless looking skin. Ideal for city-dwellers or frequent travellers.

Age Embrace Facial | 75 minutes

950

Refreshing - Hydrating

With four special designed massage techniques, this facial will leave the skin hydrated and refreshed from inside out. The result is a radiant, much younger looking complexion.

Collagen Renewal Facial | 90 minutes

1,100

Hydrating - Smoothing

An intensive hydration treatment, this luxurious facial is designed to smooth wrinkles, increase elasticity and boost collagen.

Illuminating Stem Cell Facial | 90 minutes

1,100

Brightening - Stimulating

Stem Cell active ingredients provide immediate radiant glow, stimulate the cellular renewal process, deeply moisturize and restore elasticity.



SODASHI

Thermal Infusing Facial | 90 minutes

950

Lifting – Nourishing

This facial incorporates Sodashi's exclusive Thermal Mask to maximise penetration of essential ingredients into the deeper layers of the skin. This indulgent treatment is tailored to individual skin needs: to purify and deeply cleanse or to nourish, it leaves skin hydrated and toned.

Marine Mineral Facial | 75 minutes

850

Oxygenating – Toning

This facial utilises the intelligence of marine plants to restore radiance and glow to the complexion. Tailored to each unique skin type, it is the perfect treatment to oxygenate, tone and revitalise the skin.

AED

Gentleman's Facial | 75 minutes

850

Deep Cleansing – Balancing

A deep cleansing and exfoliating facial balances the skin's natural oils, soothing irritation and preventing ingrown hairs. Includes a Sodashi salt therapy back massage to ease stress and reduce tension in the mind and body.

MASSAGE COLLECTION

Tension Release Massage | 60 minutes

680

This specialized full body massage has been created to work deep into the muscles, to help release tension, stimulate circulation and remove accumulated toxins. A Sodashi signature.

Bespoke Aroma Deep Tissue Massage | 60/90 minutes

680/880

Enjoy a tailored full body massage to soothe tired muscles and relieve tension with your preferred aroma oil blend.

Balinese Massage | 60/90 minutes

680/880

The medium pressure Balinese massage uses a variety of techniques including skin rolling, kneading, gentle stretching. The overall result is improved circulation and harmony of the mind, body and soul.

Pre and Post Natal | 60 minutes

680

Perfect treatment for the mother to be, using techniques to help relax, reduce water retention and improve overall circulation.

Sensory Awakening Candle Massage | 90 minutes

880

De-Stressing - Cocooning

This sensory awakening massage inspires on ancient Moroccan secrets to heal the body and relax the spirit. Designed to promote relaxation, this treatment indulges in an overall feeling of wellbeing as the warmed candle melts to oil releasing the amber, vanilla and musk oils that work to invigorate and calm with every massage stroke.

Thai Massage | 60/75 minutes

680/780

Dynamic massage with acupuncture, stretching and pulling to leave you grounded and energized. This is a massage that does not include any oil, and soft Thai pyjamas are worn by the guest.

Crystalus Energy Healing Massage | 90 minutes

880

Well-being – Crystal Healing

Using ancient Australian healing stones to work into muscular tension and crystals to work on the chakra's. Through the power of massage and intention, the vibrations of the Australian plant essences and crystals resonate deeply with our beings, bringing about total relaxation, rejuvenation and harmony.



HAMMAM COLLECTION

Traditional Hammam Ritual | 60 minutes

A ritual that includes a black soap application to deeply cleanse and purify, followed by a full body exfoliation with both a kessa glove and Miel d'Ambre. The treatment also includes an exfoliation for the face to then conclude the experience you will receive a traditional stretching ritual leaving you feeling completely revitalised.

Signature Hammam Ritual | 90 minutes

A ritual that includes a black soap application to deeply cleanse and purify, followed by a full body exfoliation with both a kessa glove and Miel d'Ambre. The treatment also includes an exfoliation and a purifying face mask for the face followed by a scalp massage, hair washing ritual and application of hair mask. To conclude your signature experience a traditional stretching ritual will leave you feeling cleansed from top to toe, this will then be followed by a cocooning application of body moisturiser to re-hydrate the skin.

BODY COLLECTION

Purifying Body Detox | 90 minutes

Detoxifying - Purifying

Invigorating body exfoliation to soften the skin and stimulate circulation, followed by a purifying body mask, to relieve sluggishness and congestion and help to remove unwanted toxins. A Sodashi Signature.

Vanilla Body Bliss | 90 minutes

Calming - Soothing

This highly fragrant, gentle all-over body exfoliation soothes and buffs away dry skin while key ingredient sandalwood eases tired and aching muscles. An application of a body butter to infuse your skin with hydration and provide an overall relaxing and aromatic experience. A Sodashi Signature.

ENHANCEMENT COLLECTION

Foot Reviver Massage | 30 minutes

Scalp Massage | 30 minutes

Body Balance Salt Scrub | 30 minutes

Back, Neck, Shoulder Massage | 30 minutes

Express Facial Reviver | 30 minutes

Hot Sea Shell

DOUBLE SUITE EXPERIENCE

A luxurious way to enhance your visit when celebrating a special occasion with your loved one, or simply wanting to enrich your quality time with another.

Just the Two of Us | 150 minutes

Enjoy your moment in the private Spa suite facilities, whilst sipping on a glass of sparkling wine with chocolate covered strawberries on the side. A deeply harmonizing full body, face and scalp massage will top off this moment. End your journey with an enchanting Abra ride along the azure resort waterways.

Celebration of Love | 120 minutes

The bespoke full body massage releases the tension and incorporates the use of a rose quartz crystal, the healing crystal of unconditional love. The stone is said to open the heart chakra, promoting a balanced energy flow. Add-on Heart Opening Yoga at an additional cost to complete this holistic journey.

AED

750

950

890

890

330

330

330

330

330

150

2,700

2,200



WELLBEING RITUALS

AED

Sensory Awakening Ritual | 120 minutes

1,200

This sensory awakening ritual inspired on ancient Moroccan secrets to heal the body and relax the spirit. Designed to promote relaxation, this treatment indulges in an overall feeling of wellbeing as the skin is smoothed and buffed with an aromatic full body exfoliation, followed by a warmed candle massage, melting the oil to release the amber, vanilla and musk oils that work to invigorate and calm with every massage stroke. A marocMaroc signature.

Vitality Ritual | 120 minutes

1,200

Restore your vitality with this full body revitalizing massage, with focused acupressure points, and gentle stretching, whilst also getting a glow on your face with an express energizing face treatment that reduces puffiness, minimises dark circles and enliven dull and lifeless looking skin. Ideal if you are feeling lethargic or low in energy. A 111SKIN signature.

Serenity Ritual | 120 minutes

1,200

Using ancient Australian healing stones to work into muscular tension and crystals to work on the Chakra's. Through the power of massage and intention, the vibrations of the Australian plant essences and crystals resonate deeply with our beings, bringing about total relaxation, rejuvenation and harmony. Restore your facial glow with an express facial to complete this serene journey. A Sodashi Signature.

Beach and Spa Escape

weekday 790 / weekend 890

The ultimate escape day includes a 60 minute massage of your choice , one complimentary morning or evening group yoga class and access to Madinat Jumeirah's pristine private beach.

- Restrictions may be applied depending on Resort occupancy

WELLNESS THERAPIES

Private

Private Yoga 60 minutes	385
Duet Yoga 60 minutes	550
Private Yoga Package 10 sessions	3,490
	3 month validity

Group

Hatha/Yin/Vinyasa/Ashtanga 60 minutes	90
Five Elements Full Moon Yoga 75 minutes	100
10 Group Yoga class	750
	3 months validity
Unlimited Group Yoga class	1,000
	1 month validity

Healing

Sound Meditation 45 minutes	350
10 Sound Meditation sessions	3,000
	3 months validity

Lucia Light

Frequency Light Healing Experience 30 minutes	400
Couple session	700
5 sessions	1,600
	3 months validity
Frequency Light Healing Rituals 60 minutes	700
Couple session	1,300
5 sessions	2,800
	3 months validity



TALISE SPA ETIQUETTE

Spread across the tranquil waterways and tropical landscapes of Madinat Jumeirah, Talise Spa consists of 26 spa villas inclusive of three couple's suites. Our spa journey takes you through the lush gardens and intricate pathways, with a few small steps up to your private spa treatment room. Talise Spa offers a variety of massages, body treatments, facials and spa rituals to provide you with an ultimate, personalised spa experience with utmost attention to your comfort.

The indoor facilities consist of private male and female changing areas, equipped with sauna and steam rooms, plunge pools and private relaxation areas. Talise Spa at Madinat Jumeirah has its own secluded outdoor pool for both men and women.

Location

Non-hotel guests can find the spa at the entrance of the Jumeirah Al Qasr, turning left before the golden horses, leading to private parking. Hotel guests may choose to travel to the spa by abra boat, by buggy, or by a relaxing walk through our resort. (Recommended time for walking 15 to 20 minutes).

Hours of Operation

Daily from 10:00 to 21:00

Reservations & Arrivals

Arrival is advised at least 30 minutes prior to your treatment to allow for a smooth check-in and to enjoy our luxurious facilities. We kindly request that guests shower before their treatments and usage of Talise Spa facilities. Guests are encouraged to use the sauna, steam room and plunge pool to help relax the muscles before treatment. We provide all guests with a comfortable robe, bath towels and slippers, and request that swimwear be worn during the spa facility use.

For facial treatments, it is recommended that male guests shave prior to the treatment.

Please note that full treatment cost will apply for late arrival and will reduce the time of treatment.

Credit card details or prepayment is required to guarantee treatment bookings. Talise Spa guests that are not staying at Madinat Jumeirah can enjoy our Talise Spa facilities at their leisure for 120 minutes with their reservation.

For Bespoke and Corporate Group bookings, please email Talise Spa, Madinat Jumeirah.

Cancellation Policy

If you need to cancel or change your treatment, please inform us four hours prior to your scheduled treatment, otherwise the full treatment fee will be applied.

Age Regulation

For Talise Spa treatments including massages and facials, we require a minimum age of 12 years. For Talise Spa facility use including pools, sauna and steam rooms, we require a minimum age of 12 to 16 years, with parental supervision.

Gratuity

In appreciation of outstanding service, gratuity may be given at your discretion.

Health

Please advise us if you suffer from any medical conditions, injuries and allergies when booking your treatment.

Pregnancy

We have designed bespoke treatments for all our mothers-to-be. Please notify us during reservation and we will be happy to assist you in selecting suitable treatments for this special time.

In-House Treatments

Spa service requested in resort guest rooms will incur an add-on fee of 100% of the treatment value.

Gift Certificates

Talise Spa offers gift certificates that are perfect for special occasions. Please speak to one of our team at reception, or telephone us for more information.

Ambiance and Privacy

To fully benefit from a transformative and tranquil experience at Talise Spa, all electronic devices must be turned to Silent Mode. In keeping with local cultural values, we ask that guests show modesty when using the changing areas. To respect the privacy of others, no photographs, videos or other social media recordings are permitted.

Please be advised that Talise Spa is strictly a non-smoking facility.

Valuables & Jewelry

Jumeirah Group does not take responsibility for the loss of valuables brought onto the spa premises. We therefore ask that guests do not bring valuables with them, and if they choose to do so, the loss of valuables will be at their own risk.