

# EXPLORE THE ISLAND LIFE

**Jumeirah**  
at SAADIYAT ISLAND  
RESORT



## Weekly Activity Timetable – 1<sup>st</sup> to 30<sup>th</sup> April

| DAY           | TIMING                  | ACTIVITY                                    | MEETING POINT                              | AGES     |
|---------------|-------------------------|---|--|----------|
| MONDAY        | 07:30 - 08:00           | FloatFit 30 minutes Hiit AED 150 per person | Adult Pool                                 | > 16 yo. |
|               | 09:00 - 11:00           | Water Sports Kayak TASTER + SUP             | Beach Bar Boardwalk                        | > 12 yo. |
|               | 10:00 - 11:00           | Padel Tennis 2x2                            | Padel Court                                | > 18 yo. |
|               | 10:00 - 11:00           | Handprint Suncatcher                        | Kid's Club                                 | 4-12 yo. |
|               | 10:00 - 19:00           | Spa Hydro Wellness Facilities access        | SPA Ext: 4356                              | > 18 yo. |
|               | 11:00 - 13:00           | LED Light Facial Therapy                    | SPA Ext 4356 (requires booking in advance) | > 18 yo. |
|               | 11:00 - 12:00           | Pool Games, Pool Relays & More Games        | Kids Club Pool                             | > 4 yo.  |
|               | 13:00 - 14:00           | Paper Basket Making                         | Kid's Club                                 | > 4 yo.  |
|               | 14:00 - 15:00           | Bingo, Hoko Boko & More Board games         | Kid's Club                                 | 4-12 yo. |
|               | 15:30 - 16:30           | Show your Talent                            | Kid's Club                                 | All Ages |
|               | 16:30 - 17:30           | Kite Flying & Beach Games                   | Middle Beach                               | > 4 yo.  |
|               | 18:00 - 19:00           | AR Volcano Eruption                         | Kid's Club                                 | > 3 yo.  |
| 19:00 - 19:45 | Giant Games Competition | Kids Club                                   | > 4 yo.                                    |          |
| TUESDAY       | 09:00 - 10:00           | Nurdle hunt                                 | Beach                                      | All ages |
|               | 09:00 - 11:00           | Water Sports Kayak TASTER + SUP             | Beach Bar Boardwalk                        | > 12 yo. |
|               | 10:00 - 19:00           | Spa Hydro Wellness Facilities access        | SPA Ext: 4356                              | > 18 yo. |
|               | 10:00 - 11:00           | Sandy Card Making                           | Kid's Club                                 | 4-12 yo. |
|               | 13:00 - 14:00           | Nurdle Card Making                          | Kid's Club                                 | > 4 yo.  |
|               | 15:00 - 16:00           | Resort Scavenger Hunt                       | Kid's Club                                 | 4-12 yo. |
|               | 16:30 - 17:30           | Kite Flying & Beach Games                   | Middle Beach                               | > 4 yo.  |
|               | 18:00 - 19:00           | AR Underground Water Springs                | Kid's Club                                 | > 4 yo.  |
| 19:00 - 19:45 | Kapla Competition       | Kid's Club                                  | > 4 yo.                                    |          |

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## Weekly Activity Timetable – 1<sup>st</sup> to 30<sup>th</sup> April

| DAY       | TIMING        | ACTIVITY  | MEETING POINT          | AGES     |
|-----------|---------------|---|------------------------|----------|
| WEDNESDAY | 07:30 - 08:00 | FloatFit 30 minutes HiiT AED 150 per person       | Adult Pool             | > 16 yo. |
|           | 09:00 - 11:00 | Water Sports Kayak TASTER + SUP                   | Beach Bar Boardwalk    | > 12 yo. |
|           | 10:00 - 11:00 | Padel Tennis 2x2                                  | Padel Court            | > 18 yo. |
|           | 10:00 - 11:00 | Wellness Wednesday Kids Stretching                | Kid's Club             | > 4 yo.  |
|           | 10:00 - 19:00 | Spa Hydro Wellness Facilities access              | SPA Ext: 4356          | > 18 yo. |
|           | 11:00 - 12:00 | Bracelet Making of Saadiyat                       | Kid's Club             | 4-12 yo. |
|           | 13:30 - 14:30 | Visit to the Hydroponic Farm                      | Kid's Club             | > 4 yo.  |
|           | 15:00 - 16:00 | Sandy Card Making                                 | Kid's Club             | 4-12 yo. |
|           | 16:30 - 17:30 | Kite Flying & Beach Games                         | Middle Beach           | > 4 yo.  |
| THURSDAY  | 09:00 - 11:00 | Water Sports Kayak TASTER + SUP                   | Beach Bar Boardwalk    | > 12 yo. |
|           | 10:00 - 11:00 | Stone Art Painting                                | Kid's Club             | > 4 yo.  |
|           | 11:00 - 13:00 | LED Light Facial Therapy                          | SPA Ext: 4356          | > 18 yo. |
|           | 13:00 - 14:00 | Make your Volcano                                 | Kid's Club             | > 7 yo.  |
|           | 14:30 - 15:30 | Kapla Competition                                 | Kid's Club             | > 4 yo.  |
|           | 16:30 - 17:30 | Kite Flying & Beach Games                         | Middle Beach           | > 4 yo.  |
|           | 18:00 - 18:30 | AR Into The Jungle                                | Kid's Club             | > 4 yo.  |
|           | 18:45 - 19:45 | Playstation Fun (Outdoor) - Bring your smartphone | Kids Club Outdoor Area | > 4 yo.  |
| FRIDAY    | 09:00 - 11:00 | Water Sports Kayak TASTER + SUP                   | Beach Bar Boardwalk    | > 12 yo. |
|           | 10:00 - 11:00 | Beach Nurdle hunt                                 | Beach                  | All ages |
|           | 10:00 - 19:00 | Spa Hydro Wellness Facilities access              | SPA Ext: 4356          | > 18 yo. |
|           | 11:00 - 12:00 | Pool Games, Pool Relays & More Games              | Kids Club Pool         | 4-12 yo. |
|           | 11:00 - 12:00 | Padel Tennis 2x2                                  | Padel Court            | > 18 yo. |
|           | 12:00 - 13:00 | Bracelet Making of Saadiyat                       | Kid's Club             | 4-12 yo. |
|           | 13:30 - 14:30 | Paper Basket Making                               | Kid's Club             | > 4 yo.  |
|           | 15:00 - 16:00 | Pool Games, Pool Relays & More Games              | Kids Club Pool         | > 4 yo.  |
|           | 17:00 - 18:00 | Kite Flying & Beach Games                         | Middle Beach           | > 4 yo.  |
|           | 18:15 - 19:45 | Jumeirah Kids Cinema                              | Kid's Club             | > 4 yo.  |



## Weekly Activity Timetable – 1<sup>st</sup> to 30<sup>th</sup> April

| DAY           | TIMING                                     | ACTIVITY                                    | MEETING POINT                            | AGES     |
|---------------|--|---|--|----------|
| SATURDAY      | 09:00 - 11:00                              | Water Sports Kayak TASTER + SUP             | Beach Bar Boardwalk                      | > 12 yo. |
|               | 10:00 - 11:00                              | Origami and Paper Knitting                  | Kid's Club                               | 4-12 yo. |
|               | 10:00 - 19:00                              | Spa Hydro Wellness Facilities access        | SPA Ext: 4356                            | > 18 yo. |
|               | 11:00 - 12:00                              | Pool Games, Pool Relays & More Games        | Kid's Club Pool                          | > 4 yo   |
|               | 13:00 - 14:00                              | Kapla Competition                           | Kid's Club                               | > 4 yo   |
|               | 14:00 - 15:00                              | Bingo, Hoko Boko & More Board games         | Kid's Club                               | > 4 yo   |
|               | 15:30 - 16:15                              | Tennis Fun                                  | Tennis Court                             | > 4 yo.  |
|               | 16:30 - 17:30                              | Kite Flying & Beach Games                   | Middle Beach                             | > 4 yo.  |
|               | 18:15 - 19:45                              | Jumeirah Kids Cinema & Kids Buffet          | Kid's Club (requires booking in advance) | All Ages |
| SUNDAY        | 07:30 - 08:00                              | FloatFit 30 minutes HiiT AED 150 per person | Adult Pool                               | > 16 yo. |
|               | 09:00 - 11:00                              | Water Sports Kayak TASTER + SUP             | Beach Bar Boardwalk                      | > 12 yo. |
|               | 10:00 - 19:00                              | Spa Hydro Wellness Facilities access        | SPA Ext: 4356                            | > 18 yo. |
|               | 10:00 - 11:00                              | Pool Games, Pool Relays & More Games        | Kid's Club Pool                          | > 4 yo   |
|               | 11:00 - 12:00                              | Bracelet Making of Saadiyat                 | Kid's Club                               | 4-12 yo. |
|               | 14:00 - 15:00                              | Bingo, Hoko Boko & More Board games         | Kid's Club                               | > 4 yo   |
|               | 15:00 - 16:30                              | Make your Volcano                           | Kid's Club                               | > 7 yo   |
|               | 16:30 - 17:30                              | Kite Flying & Beach Games                   | Middle Beach                             | > 4 yo   |
|               | 17:45 - 18:15                              | Evening Scavenger Hunt                      | Kid's Club                               | > 4 yo   |
| 18:45 - 19:45 | Kahoot Family Quiz - Bring your smartphone | Kid's Club                                  | > 4 yo                                   |          |

Tennis court and Padel court booking can be done via eButler service through Whatsapp on +971 55 500 8200  
Tennis and Padel Tennis Lessons are now available for our guests.  
For booking, kindly contact Coach Olivier on +971 52 840 3069

Complimentary Kayak and SUP are available daily from 09:00 and 11:00 (depending on the sea condition).  
From 11:00 to 17:00, our water sports activities are available and chargeable.  
Kindly approach our colleagues at the beach bar boardwalk