

# RESORT ACTIVITIES

MONDAY			TUESDAY			WEDNESDAY			THURSDAY		
07.00 - 07.45	T	Synergy 360*		Banyu Suci*		Morning Streching*		Morning Yoga*			
08.00 - 08.45	G	Functional Training		Hight Intensity Interval Training		Sound Healing and Breathwork		Traditional Hatha Yoga			
09.00 - 10.00	T	Batik Painting		Mediative Candle Making		Aromatherapy Soap Making		Batik Painting			
10.30 - 11.00	T	Golf Swing		Linocut		Temple Visit and Blessing		Golf Swing			
12.00 - 13.00	P	Aquarobic and Pool Games*		Aquarobic and Pool Games*		Aquarobic and Pool Games*		Aquarobic and Pool Games*			
14.00 - 15.00	T	Sound Healing and Breathwork		Core & Glutes		Sound Healing and Breathwork		Traditional Hatha Yoga			
15.00 - 16.00	T	Balinese Dress up and Balinese Dance		Balinese Gebogan and Canang Sari Making		Balinese Dress up and Balinese Dance		Balinese Gebogan and Canang Sari Making			
16.00 - 17.00	T	Nusantara Tea Ceremony		Core & Glutes		Nusantara Tea Ceremony		Core & Glutes			
17.00 - 18.00	T	Sunset Yoga		Aromatherapy Oil Blend		Rindik Music Session*		Aromatherapy Oil Blend			
FRIDAY			SATURDAY			SUNDAY					
07.00 - 07.45	T	Banyu Suci*		Synergy 360*		Morning Streching*					
08.00 - 08.45	G	Core & Glutes		Functional Training		Sound Healing and Breathwork					
09.00 - 10.00	T	Mediative Candle Making		Batik Painting		Aromatherapy Soap Making					
10.30 - 11.00	T	Temple Visit and Blessing		Golf Swing		Temple Visit and Blessing					
12.00 - 13.00	P	Aquarobic and Pool Games*		Aquarobic and Pool Games*		Aquarobic and Pool Games*					
14.00 - 15.00	T	Core & Glutes		Sound Healing and Breathwork		Sound Healing and Breathwork					
15.00 - 16.00	T	Balinese Dress up and Balinese Dance		Balinese Dress up and Balinese Dance		Balinese Dress up and Balinese Dance					
16.00 - 17.00	T	Traditional Hatha Yoga		Nusantara Tea Ceremony		Tarot Reading					
17.00 - 18.00	T	Sunset Yoga		Rindik Music Session*		Aromatherapy Oil Blend					

- T Trowulan
- G Gym
- P Main Pool

Advance reservation of at least 24 hours is essential. To reserve, please contact our Spa by dialling "5300" or press "0" for the Operator..

\* Complimentary activities

Chargeable activities at IDR 600.000 net/person

TALISE

# KIDS' CLUB ACTIVITIES

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY
08.00 - 09.00	P	Face Painting*	Coloring*	Origami*	Cut and Glue*
09.00 - 10.00	P	Jewellery Making	Bag Making	Jewellery Making	Keychain Making
10.00 - 11.00	P	Dream Catcher Making	Kite Decorating	T-shirt Painting	Kite Decorating
11.00 - 12.00	P	Little Chef Sushi Roll Making	Little Chef Chicken Kebab Making	Little Chef Sushi Roll Making	Little Chef Yummy Pizza Making
13.00 - 14.00	P	Recycled Art and Craft*	Nature-Inspired Art*	Workbook activities*	Biology Experiment*
14.00 - 15.00	P	Little Chef Cookie Baking	Little Chef Cup Cake Decoration	Little Chef Cookie Baking	Little Chef Banana Pancake Making
15.00 - 16.00	P	Story Time*	Science-Inspired Art and Craft*	Biology Experiment*	Nature-Inspired Art*
16.00 - 17.00	T	Little Painter	Balinese Dance	Balinese Dance	Little Painter
17.00 - 19.00	P	Movie Time**	Fun Games**	Movie Time**	Fun Games**
		FRIDAY	SATURDAY	SUNDAY	
08.00 - 09.00	P	Face Painting*	Coloring*	Origami*	<div>T Trowulan</div> <div>P Peafowl</div> <div> <b>BABYSITTER SERVICE</b>                      Hourly rate before tax and service                      08.00 - 19.00   200.000 minimum 4 hours/reservation                      19.00 - 24.00   250.000 minimum 4 hours/reservation                 </div>
09.00 - 10.00	P	Hat Painting	Tote Bag Painting	T-shirt Painting	
10.00 - 11.00	P	Bag Making	Jewellery Making	Tote Bag Painting	
11.00 - 12.00	P	Little Chef Chicken Kebab Making	Little Chef Sushi Roll Making	Little Chef Yummy Pizza Making	
13.00 - 14.00	P	Science-Inspired Art and Craft*	Story Time*	Recycled Art and Craft*	
14.00 - 15.00	P	Little Chef Cup Cake Decoration	Little Chef Banana Pancake Making	Little Chef Cookie Baking	
15.00 - 16.00	P	Recycled Art and Craft*	Workbook activities*	Nature-Inspired Art*	
16.00 - 17.00	T	Balinese Dance	Balinese Dance	Little Painter	
17.00 - 19.00	P	Movie Time**	Fun Games**	Movie Time**	

Advance reservation of at least 24 hours is essential. To reserve, please contact our Spa by dialling "5300" or press "0" for the Operator.

All activities \*) Complimentary  
 Junior Activities \*\*) IDR 150.000 net/child  
 Junior Activities IDR 200.000 net/child

*the*  
**Peafowl**  
 PAVILION