## **Breakfast Classics**

	'Full English'  Two free-range eggs, grilled tomato, baked beans, mushroom, puddings, bacon & pork sausage - 895 kcal	29	Mango Chia Pudding (VG) (9) Chia Seeds, coconut milk, mango & lime zest - 260 k Pancakes or Waffles	18 cal
	Eggs Royale © English muffin topped with smoked salmon, chiv & Hollandaise sauce - 737 kcal	26 es	Berries topping, served with whipped cream, maple syrup or chocolate - 227 / 291 Kcal	
	Eggs Florentine (V) © English muffin topped with baby spinach & Hollandaise sauce - 660 kcal	19	French Toast "Crème Brûlée" (©) Homemade brioche soaked in crème anglaise, caramelised in brown sugar, served with vanilla Chantilly - 430 kcal	16
	Baked Shakshuka (V) <sup>©</sup> Two free-range eggs baked with spicy bell pepp & tomato sauce - 440 kcal	26 er	Honey Glazed Granola (V) © Gluten-free granola, berries compote & Greek yoghurt - 210 Kcal	13
	Eggs & Avocado (V) © Two free range poached eggs, avocado & sourdough - 378 kcal	24	Organic Porridge (VG/V) Cooked with milk or water - 185 / 150 Kcal Enhance your porridge	12 4
	Eggs Your Way (V) Your choice of two fried, scrambled or	15	Sliced banana, berries or peanut butter 89 / 33 / 100 Kcal	
_	poached free range eggs with toast 258/246/136 kcal		Berry Bowl (VG) - 95 kcal	19
⊼ 5 5 1 1 1	Scrambled Tofu (VG) (9) Turmeric, rye bread, coriander & chilli - 210 kcal	22	Freshly Sliced Fruits (VG) - 83 kcal	16
L	Sides	7		
D	Chicken Sausage - 140 kcal		Smoked Salmon - 120 kcal	
D Z Z Z Z D S	Pork Sausage - 240 kcal		Hash Brown (VG) - 150 kcal	
_	Vegetarian Sausage (V) - 50 kcal		Grilled Tomato (VG) - 34 kcal	
_ Y	Turkey Bacon - 82 kcal		Baked Beans (VG) - 88 kcal	
	Streaky or Back Bacon - 130 kcal		Portobello Mushrooms (VG) - 22 kcal	
Σ	Black & White Pudding - 120 kcal		Ful Medames (VG) - 75 kcal	
<u> </u>	From The Bakery			
	Plain Croissant (V) - 367 kcal	7	Turkey & Cheese Croissant - 425 kcal	9
) <	Pain au Chocolat (V) - 393 kcal	9	Homemade Pastries & Bread © Croissant, Pain au Chocolat, Selection of Bread 221 / 378/184 kcal	16
•	Beverages			
	Espresso, Lungo, Ristretto, Machiato ⊗			8
	Americano, Cappuccino, Latte, Flat White or Mocha ⊙			9
	Mariage Frères Tea - English Breakfast, Earl Grey, green tea or herbal $ \odot $			9
	Freshly Squeezed Juices - Orange, Carrot or Grapefruit ⊗			12