

	SUN	MON	TUE	WED	THU	FRI	SAT
07.00				YOGA VIJAY (60 MIN)			
08.00	YOGA VIJAY (60 MIN)	BODYPUMP ALICE (60 MIN)			RPM GREG (50 MIN)		
08.15	TRX TWAHIR (45 MIN)		TRX TWAHIR (45 MIN)	RPM GREG (50 MIN)	TRX TWAHIR (45 MIN)		
				TRX TWAHIR (45 MIN)			
09.00		AQUA AEROBICS ERICK (60 MIN)	ZUMBA ERICK (50 MIN)	FOAM ROLLING TWAHIR (45 MIN)	AQUA AEROBICS ERICK (60 MIN)	CORE EBRA (30 MIN)	
09.15	ZUMBA ERICK (50 MIN)	BODYBALANCE ANNA (60 MIN)		PILATES KELLY (60 MIN)	BODYPUMP RANIA (60 MIN)		ZUMBA ERICK (50 MIN)
		TRX TWAHIR (45 MIN)					
09.45						BOOTCAMP EBRA (45 MIN)	
10.00		FOAM ROLLING TWAHIR (45 MIN)	YOGA SONALI (60 MIN)				
10.15	POWER PILATES ALICE (60 MIN)						
10.30		SH'BAM GABRIELLA (45 MIN)					POWER PILATES ALICE (60 MIN)
16.00							ZUMBA ERICK (50 MIN)
17.00	BODYPUMP GABRIELLA (60 MIN)		BODYPUMP ALICE (60 MIN)			GLUTE LAB WEIGHTS DUNJA (45 MIN)	TRX ALISHER (45 MIN)
17.15				LES MILLS CORE NIKOLA (45 MIN)			
18.00		BODYPUMP NIKOLA (60 MIN)			BODYPUMP CATE (60 MIN)		
18.15	LES MILLS CORE NIKOLA (45 MIN)		BODYBALANCE CATE (45 MIN)	GLUTE LAB BANDS + WEIGHTS DUNJA (45 MIN)			
19.15	BOOTCAMP EBRA (45 MIN)	GLUTE LAB ACTIVATE DUNJA (45 MIN)	ZUMBA ERICK (50 MIN)	YOGA VIJAY (60 MIN)	BOOTCAMP EBRA (45 MIN)		