

TALISE

FITNESS



MEMBERSHIP PACKAGES & BENEFITS

YOUR JOURNEY STARTS HERE

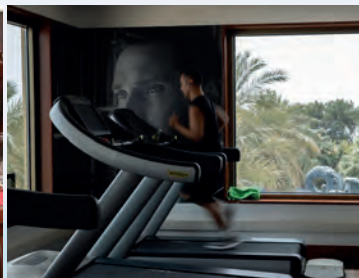


SPORTS & LEISURE MEMBERSHIP FOR 12-MONTHS

Your benefits as a member:

- ❖ Unlimited access to the Talise Fitness facilities including Pool and Beach areas.
- ❖ 2 complimentary fitness consultation sessions.
- ❖ 2 complimentary body composition analysis.
- ❖ Complimentary access to the fitness classes.
- ❖ 4 complimentary Personal Training sessions.
- ❖ Complimentary access to the Tennis Court (Booking required 24hrs prior).
- ❖ 6 Fitness, Beach and Swimming Pool day passes per membership to be used by accompanying friend or family member – (Not valid during weekends/ PHs).
- ❖ 4 Spa day passes per membership.
- ❖ Freeze of membership for a period of two months.
- ❖ For junior membership, Sinbad's Kids Club access is available during opening hours for children aged between 5 to 10 years old, below age 5 to be accompanied by an adult.
- ❖ 1 complimentary Martial Arts class.
- ❖ 1 complimentary tennis class.
- ❖ 1 complimentary 60-minute massage at Talise Spa.
- ❖ 20%* discount on dining in all restaurants, cafes, and lounges.
- ❖ 20%* discount on Personal Training packages.
- ❖ 1 complimentary breakfast voucher for two at Garden Café restaurant.
- ❖ 1 complimentary hot drink voucher for two at the Lobby Lounge.

*The discount does not apply on products and offers already discounted



12-MONTHS MEMBERSHIP PACKAGE

Registration fees

KWD 100

Couple

KWD 1400

Single

KWD 1100

Kids 0 - 4 y/o

Free

Kids 4 - 6 y/o

KWD 150

Kids 6 - 12 y/o

KWD 250

Kids 12 - 18 y/o

KWD 350

Assistants/Nannies

KWD 150



SPORTS & LEISURE MEMBERSHIP FOR 6-MONTHS

Your benefits as a member:

- ❖ Unlimited access to the Talise Fitness facilities including Pool and Beach areas.
- ❖ 2 complimentary fitness consultation sessions.
- ❖ 2 complimentary body composition analysis.
- ❖ 2 complimentary Personal Training sessions.
- ❖ Complimentary access to the Tennis Court (Booking required 24hrs prior).
- ❖ 2 Fitness, Beach and Swimming Pool day passes per membership to be used by accompanying friend or family member - (Not valid during weekends/ PHs).
- ❖ 1 Spa day pass per membership.
- ❖ Freeze of membership for a period of one month.
- ❖ For junior membership, Sinbad's Kids Club access is available during opening hours for children aged between 5 to 10 years old, below age 5 to be accompanied by an adult.
- ❖ 1 complimentary Martial Arts class.
- ❖ 1 complimentary tennis class.
- ❖ Complimentary access to the fitness classes.
- ❖ 1 complimentary 60-minute massage at Talise Spa.
- ❖ 20%* discount on dining in all restaurants, cafes, and lounges.
- ❖ 20%* discount on Personal Training packages.
- ❖ 1 complimentary breakfast voucher for two at Garden Café restaurant.
- ❖ 1 complimentary hot drink voucher for two at the Lobby Lounge.

*The discount does not apply on products and offers already discounted



6-MONTHS MEMBERSHIP PACKAGE

Registration fees

KWD 50

Couple

KWD 1000

Single

KWD 900

Kids 0 - 4 y/o

Free

Kids 4 - 6 y/o

KWD 100

Kids 6 - 12 y/o

KWD 150

Kids 12 - 18 y/o

KWD 250

Assistants/Nannies

KWD 150



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For registration, please call +965 9696 0291 or visit jumeirah.com/talise