

## Massage Collection

**Saadiyat Revitalising Massage: 60 minutes | AED 650**

*Deep tissue massage, featuring ancient therapeutic techniques, deep flowing movements, acupressure point stimulation and light stretching*

**Jumeirah De-stress Massage: 75 minutes | AED 710**

*Combination of refreshing techniques, such as stretching, kneading, pressure points and your choice of pure aroma oils to relax muscles and promote overall well-being*

**Bespoke Therapeutic Massage: 60 minutes | AED 630**  
**90 minutes | AED 850**

*Tailored specifically to your concerns and what the body and mind needs at this time*

**Healing Stone Massage: 90 minutes | AED 870**

*Full body massage incorporating heated gemstones allowing the treatment to work at a deeper level. Heated gemstones are carefully placed along the chakras to open up energy pathways whilst soothing the mind, easing muscle tension, and reducing aches and pains*

**Traditional Thai Massage: 60 minutes | AED 650**  
**90 minutes | AED 870**

*Dynamic massage with acupressure, stretching and pulling to leave you grounded and energized. This is a massage that does not include any oil, and soft Thai pyjamas are worn by the guest.*

**Reflexology: 60 minutes | AED 600**

**Mum to be Massage: 75 minutes | AED 710**

*Specifically designed to safely pamper and relax mums-to-be and is suitable after the first trimester of pregnancy. This treatment focuses on comforting the changes in your body during pregnancy, by easing any aches and pains to enhance wellbeing and aid relaxation.*

## Couple Collection

**Time Together**

Massage 60 & Facilities in VIP room | 60 minutes | AED 1,500  
Massage 90 & Facilities in VIP room | 90 minutes | AED 1,900

**Side by Side**

Couples massage 60 no facilities | 60 minutes | AED 1,200  
Couples massage 90 no facilities | 90 minutes | AED 1,600

**Couples Moroccan Hammam: 60 minutes | AED 1,500**

**Couples Saadiyat Signature Hammam & Massage Indulgence : 120 minutes | AED 2,700**

**Your Spa Time For Two: 210 minutes | AED 3,550**

*30 minutes Spa Suite Facilities | Full Body Exfoliation | 60 minute Massage | 60 min Facial | Beach&Pool Day Pass | Chocolate Strawberry's | Sparkling Wine or Date Juice.*

## Luxurious Facials

**Subtle Energies**

**24 Karat Gold Facial: 60 minutes | AED 690**

Anti- Aging | Rejuvenating | Hydrating

*The healing properties of ingredients such as Mogra; Queen of Jasmines included in products by Subtle Energies boost collagen production and stimulate cell renewal. Combined with the restorative powers of 24k gold leaf, this sensory experience penetrates and revives deep layers of the skin, helping to reduce fine lines and wrinkles*

**Biologique Recherche**

**Signature Customized BR Facial: 90 minutes | AED 950**

*\* individually tailored to address your unique skin concerns. Our skin care experts will select one of the signature Biologique Recherche's facial', best suited for your individual skin requirement.*

**111SKIN**

**The Original Dramatic Healing Facial: 75 minutes | AED 890**

Soothing – Plumping

*A soothing and intensive treatment, this reparative facial will enhance the skin's natural ability to repair and re-strengthen itself. Using anti-ageing ingredients, the deeply hydrating facial will calm and repair the complexion while plumping out expression lines*

**Celestial Black Diamond Non-Surgical Lift Facial: 90 minutes | AED 1,300**

Contouring | Firming

*The intensive Celestial Black Diamond Facial is most suitable for mature, dry skins with expression lines. Powerful active ingredients work synergistically to alleviate age spots and pigmentation. Dubbed the 'non-surgical facelift', this is the perfect treatment to target signs of ageing on a multi-dimensional level*

## Hammam Rituals

**Traditional Moroccan Hammam by Maroc Maroc: 75 minutes | AED 750**

*olive black soap | steam | full body exfoliation with kessa glove | Rhasoul body mask | Purifying face mask | scalp massage | hair washing ritual | hair mask | traditional stretching | body moisturiser application*

**Traditional Turkish Hammam: 60 minutes | AED 750**

*steam | full body exfoliation with kessa glove | foam bubble massage | honey lavender mask | purifying face mask | scalp massage | hair washing ritual | hair mask | cold rinse | traditional stretching | body moisturiser application*

**Royal Hammam Ritual: 90 minutes | AED 960**

*Turkish Hammam & 30 minute Back- Neck and Shoulder Massage*

**Saadiyat Signature Hammam Ritual: 120 minutes | AED 1,200**

*Moroccan Hammam & 60 minute Customized Massage*

## Wellness Journeys

**Rest and Re-set: 105 minutes | AED 1,200**

Blissful Marma Massage; Facial Marma Massage, Nasya; Kasa Bowl

*A full body experience targeting the parasympathetic nervous system to help reduce stress, encourage healthy digestion and release emotional tension. An ideal holistic sleep support resulting in emotional and hormonal balance, connecting you to your body of bliss*

**The Wedding Journey For Her | 195 minutes | AED 2100**

*Signature Hammam ; 60 minute Bespoke Massage; Customized Facial*

**Your Spa Time: 135 minutes | AED 1,290**

*Choice of any 60 min massage and 60 min 24 Karat gold Facial*

## Men's Collection

**Gentleman's Facial: 75 minutes | AED 690**

**The Wedding Journey For Him 210 minutes | AED 2,100**

*Signature Hammam | 60 minute Deep Tissue Massage | Anti Aging Facial*

**A Gentleman's Day: 150 minutes | AED 1,300**

*Detox massage assisting adrenal fatigue | Gentleman' essential hydration facial*

## Body Collection

**Rasayana Detox Body Treatment: 90 minutes | AED 900**

*Exfoliation | Wrap | Marma Face Massage | Full Body Oil Application)*

**Algae Wrap with Lymphatic Drainage Massage: 90 minutes | AED 900**

*Detoxifying | Anti -Cellulite*

## Enhancement Collection

**Foot Massage: 30 minutes | AED 320**

**Head and Scalp Massage: 30 minutes | AED 320**

**Back, Neck and Shoulder Massage: 30 minutes | AED 320**

**Body Scrub: Himalayan / Rasayana Detox: 30 minutes | AED 350**

**Express Facial: 30 minutes | AED 350**

**SPA Facilities Access Day Pass : Full Day | AED 350**



# SPA

JUMEIRAH AT SAADIYAT ISLAND RESORT

Blissful. Wholesome. Wellness

Blissfulness - a state of absolute perfection and alignment. This engulfing emotion, whilst elusive, is at the heart of the spa's mantra and is embedded in its wholesome rituals. Every aspect of your wellbeing is alluded to with treatments that ensure your mind, body and inner-self are harmonized. Our ensemble of experiences feature the most effective organic rituals in combination with result driven, high-tech protocols to transport you to a serene state of spa

SPA

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