Lunch Buffet

Available from 12pm to 3pm

£24.50 per person

£12.00 for children under the age of 12

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All day dining

SOUPS

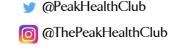
Plum tomato and basil (V) (GF)	£10.00
Spiced lentil soup with croûtons (V)	£12.00
Clear chicken broth with soba noodles	£12.00

SALADS	
Superfood salad: broccoli, kale, blueberries, black beans, avocado oil, yoghurt and ginger dressing (V)	£15.00
Pearl and black quinoa with pomegranate, pumpkin seeds, barrel aged feta and mint $(V)(GF)$	£15.00
Crispy Thai beef salad with cashew nuts, mint and watermelon	£16.00
$Heritage\ tomato, mozzarella, basil\ and\ avocado\ salad\ (V) (GF)$	£15.00
Classic Caesar salad with baby gem lettuce, focaccia croûtons and anchovies (P)	£18.00
- with crispy falafel bites (V)	£18.00
- with Cajun spiced chicken (H)	£22.00

Cold mezze: hummus, moutabel, tabbouleh and fattoush with pita bread (V) £33.00

Please speak to a member of our team if you have a food allergy or intolerance. For ease of reference, we have identified dishes to suit certain preferences throughout the menu with the following

- with Cajun spiced prawns



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£23.00

A La Carte

SANDWICHES

Falafel wrap: flat bread with hummus, crispy falafel, baby spinach, feta cheese and tahini dressing (V)	£12.00
Italian flat bread with fontina cheese, prosciutto, rocket and nut free pesto (P)	£14.00
MAIN COURSES	

Egg white omelette with chia seeds, spinach, avocado and pimento (V)	£12.50
Smashed avocado with roasted tomato on spelt toast with poached eggs (V)	£12.5O
Penne pasta with your choice of sauce:	219.00
-Tomato and basil (V) - Bolognaise	
Baked seabass escalope (GF)	£27.00

Cornish lamb cutlets served with grilled plum tomato £31.00 and Portobello mushrooms Grilled free range baby chicken served with grilled plum tomato

Grilled sirloin steak served with grilled plum tomato and Portobello mushrooms £36.00

£33.00

£6.00 each

-Spinach cooked in olive oil and garlic -Sweet potato fries -Steamed seasonal vegetables -Mixed leaves salad -Buttered new potatoes -Broccoli

DESSERTS

SIDE DISHES

Seasonal fruit salad £12.00

Oppo sugar free ice cream £4.00 per scoop

(please ask your waiter for available flavours)

and Portobello mushrooms (H)

All Peak members are entitled to 20% off the final bill upon presentation of a membership card. All prices are inclusive of VAT. A 15% discretionary service charge will be added to your bill in lieu of gratuity. Please note, a minimum spend of £25.00 per person applies between 11am and 3pm.